

Welcome to *Babble Online News*, the weekly e-newsletter for Babble On Toastmasters. *Babble Online News* will keep you informed about Toastmasters activities and events at all levels (Club, Area, Division, District, and International) in **one** weekly e-mail message. So now, if you miss a meeting, you will still know what your friends at Babble On are doing! This e-newsletter will also be posted on the club website ([http://babble\\_on\\_toastmasters.homestead.com/TMNews.html](http://babble_on_toastmasters.homestead.com/TMNews.html)).

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**ATTACHED TO THIS ISSUE**

1. Updated Club Roster with links for e-mail and educational designations
  2. TLI Class schedule
  3. District 39 Fall Conference Registration Form (Individuals)
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**IN THIS ISSUE**

1. Now & Then ~ This Week and Next Week at Babble On
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**1. Now & Then ~ Babble On This Week and Next Week**

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We had a great meeting this week. We were joined by three guests: Dan, Brad, and Armando. One of guest became a member! Welcome to our newest member, **Dan Lintz**, who joined this week. Dan works with Laurel at Henwood Energy.

This week's Toastmaster was the effervescent **Rachel Orlins Bergman** who perked up the meeting with agendas on bright yellow paper. Our speaker this week was **Jennifer Ivery Johnson** who gave C&L Speech #2 (Speak with Sincerity). Jennifer's speech, titled "Donate Life, emphasized the importance of being an organ donor. We learned that Jennifer will always be grateful to the person who donated an organ so her sister could live and that each of us can donate 8 organs from our bodies that could save a life. Jennifer enhanced her message by handing out donor cards and pins.

Jennifer's speech was thoughtfully evaluated by **Thomas Antolin** talked about how grateful she to the. Thomas pointed out that Jennifer: had many of facts; delivered her message in a receptive and balanced manner; maintained eye contact; used natural gestures; was well organized, and; had pleasant vocal pitch.

The remainder of the meeting was spent viewing the videotape of the Speech Marathon from earlier in the month. Thank you again to **Kathleen** for taping the event and arriving early yesterday to set up the monitor for viewing. We can all learn from seeing ourselves.

Join us next week when our meeting theme will be **Exercise**. **Martin Tenette** will be filling in as Toastmaster and **Rachel Orlins Bergman** will be Table Topics Master. Check the schedule online to see if you have a duty.

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**2. Babble On Needs YOU!**

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**Club Basket for the Fall Contest:** *A-Tisket, A-Tasket...We Need Your Help with Our Club Basket!* Babble On, along with the other District 39 clubs is donating a basket for the raffle at the District 39 Fall Conference (November 14 – 15, 2003).

We already have the following donations: a basket (Mike); a bottle of wine (Rachel), and; a TM license plate holder (Joe). Joe also has suggested a "Patriotic" basket theme, and will give a red- white-blue bow. This is a great start, what can the rest of us give? Club President Erick Ibarra is coordinating the Babble On basket; please

contact Erick with donations. Our basket must be complete by **November 6, 2003**, so contact him today by phone (480-6092) or e-mail ([erick.ibarra@morganstanley.com](mailto:erick.ibarra@morganstanley.com)).

**Club Officers:** Yes! It is time for club officer elections for the term January 1, 2004 – June 30, 2004. Our club's leadership is important to its continued success. Each member should consider stepping up to the lectern to serve a term as an officer. Not only will you gain (or enhance) leadership skills and experience, you are accepting the responsibility for the viability of our club. ***We Need You!***

Maybe you're holding back because you have questions. What are the duties of each office? Will I get officer training and a Manual? Can I assist an officer? Don't let questions hold you back; you can contact the current office holder for first-hand insight. You should also contact nominating chairperson Laurel Rigby at 609-7882 or [lrigby@henwoodenergy.com](mailto:lrigby@henwoodenergy.com), she can answer many questions for you. Elections will be in November, so contact Laurel soon.

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### 3. Education and Training ~ Yahoos & Kudos

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**Coaches' Corner:** As we move into Fall and the holiday season, coaches, encourage your members to set goals for themselves! Soon, it will be the perfect time of year to sit by a roaring fire and write a few speeches! What better source for speeches than the holidays; think about your family gatherings or your traditions for this time of year.

**Toastmasters Leadership Institute (TLI):** The district's monthly educational workshops at TLI are a benefit of your membership. Designed for the new and long-term Toastmaster, TLI offers a variety of subjects and the opportunity to meet other Toastmasters. Are you looking for some additional leadership training? Need some suggestions for improving your club? Or perhaps you would like some ideas for promoting your club to gain more members? This month's Toastmasters Leadership Institute has 9 classes for you to choose from. Mark your calendars and attend TLI at 855 Howe Ave (Sacramento) **this Saturday, October 18, 2003**. Detailed descriptions and times are attached. Classes include: Making Your Club Meeting Run Smoothly; Tips to Speaking Professionally; Creating Lectern Presence - Be Your Best, and; Club Procedure Workshop.

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### 4. Your Opinion Please

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**Survey:** Please take a moment to answer the questions below about our e-news letter and our club's Speech Marathons, only two responses have been received so far. Send replies to [babble\\_on\\_toastmasters@yahoo.com](mailto:babble_on_toastmasters@yahoo.com) by **October 20<sup>th</sup>**.

#### *Babble Online News*

1. Have you been able to easily read the Babble Online News? Or, is it garbled by your mail server?
2. Can you open the Adobe (.pdf) attachments?
3. Do you prefer attachments in Adobe or Word format?
4. What information or feature would you like to see in the Babble Online News?
5. What, if any information, would you prefer *not* be included

#### *Speech Marathon*

6. In general, do you enjoy the club's Speech Marathons?
7. Would you like to have the Speech Marathon's more regularly? For example, we have a Speech Marathon during a month with five Thursdays.
8. What suggestions do you have for the format of our Speech Marathons?
9. What do you like most about our Speech Marathons?

10. What do you like least about our Speech Marathons?

Thank you again for taking the time to reply to this survey. Please submit your reply to [babble\\_on\\_toastmasters@yahoo.com](mailto:babble_on_toastmasters@yahoo.com) by October 18, 2003.

**Your TM Experience:** How has Toastmasters helped you? We want to know! If you have a moment, goal, or achievement to share, please e-mail Lisa Hughes at [babble\\_on\\_toastmasters@yahoo.com](mailto:babble_on_toastmasters@yahoo.com).

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## 5. District 39 Fall Conference ~ Bringing Out the Best in People

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Mark your calendar for the District's Fall Conference that will feature District awards, Humorous Speech Contest, Table Topics Contest, and educational sessions. The 2003 Fall Conference will be at the Stockton Inn on November 14 – 15, 2003. If you can make in on Friday November 13<sup>th</sup>, there will be appetizers and karaoke.

Babble On has paid the club fee for members to attend the educational sessions at no additional charge. But to enjoy the Keynote Breakfast speaker, Lunch, Dinner, and/or contests (Humorous Speech and Table Topics) you must register as an INDIVIDUAL.

Early-Bird (discounted) registration deadline for INDIVIDUALS is **October 25, 2003**. The registration form is available on the District Website. Check out the District website for updates, ([http://www.district39.org/Fall\\_Conf/fall\\_conf.htm](http://www.district39.org/Fall_Conf/fall_conf.htm)).

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## 6. 2004 International Conference ~ Just Up the Hill in Reno

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That's right the District 39 is hosting the **2004 Toastmasters International Conference** August 17- 21, 2004! The International Conference location changes annually and this is the first time it's been this close in 10 years....just 2 hours away. Mark your calendar and plan ahead to attend this great conference and the educational opportunities. District 39 will need many volunteers to make the conference a success, so consider volunteering...you can meet even more people this way! Check out the District website ([http://www.district39.org/Special\\_Events/special\\_events.html](http://www.district39.org/Special_Events/special_events.html), bottom of the page).

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## 7. Announcements & Feedback

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Please submit announcements to Lisa Hughes ([babble\\_on\\_toastmasters@yahoo.com](mailto:babble_on_toastmasters@yahoo.com)) by noon each Wednesday.

Feedback on format, content, etc. of this e-newsletter are appreciated and welcomed.

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## 8. Unsubscribe & E-mail Changes

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Maybe your inbox is too full and you would prefer to view the *Babble Online News* by downloading from the club website ([http://babble\\_on\\_toastmasters.homestead.com/TMNews.html](http://babble_on_toastmasters.homestead.com/TMNews.html)). To unsubscribe, send a message to Lisa Hughes at [babble\\_on\\_toastmasters@yahoo.com](mailto:babble_on_toastmasters@yahoo.com), please put UNSUBSCRIBE in the subject line. I hope you will consider downloading the newsletter on our website.

To change your e-mail address, send a message to Lisa Hughes at [babble\\_on\\_toastmasters@yahoo.com](mailto:babble_on_toastmasters@yahoo.com); please put CHANGE OF ADDRESS the subject line.

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## 9. Credits

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Thank you to this issue's contributors: Joe Samora, Martin Tenette, Don Howe